



NICOLA

Understanding Today for a Healthier Tomorrow

As the first phase of NICOLA draws to a close we want to make sure that you have had the opportunity to avail of the Health Assessment in the City Hospital, Belfast.

In excess of **3100** of your fellow study participants have already completed theirs and we would not want you to miss out on the remaining available appointment slots.

The NICOLA team appreciate your continued participation in helping us gather as much information as possible to build a full picture of health in the 50+ age group.

Your invaluable information helps to pave the way for a future with improved healthcare and better health in Northern Ireland.

THANK YOU

*YOU MATTER FOR
OUR HEALTH*

Have you had your Health Assessment?



Your fellow participants said the following



Charles (91) from Dungannon
I was worried before I went, however they couldn't have looked after me any better. They even got me a taxi to Great Victoria Street to get my bus. I would be glad to go back.

Doris (75) from Newry
Got to CRF easily, was taken on time, was a very good experience. I am delighted to give feedback

Joyce (92) from Bangor
The nurse was pleasant, friendly and very efficient. After the tests I was especially pleased at how healthy I am.

Maura (79) from Bangor
I thought the facilities were very good. The male nurse was very helpful and supportive and really put you at ease. I found the Health Assessment very enjoyable. I was surprised how well I did on the cognitive tests and would definitely go back again.

Danny (74) from Londonderry
I was delighted to be invited for the NICOLA health assessment, the nurse and facilities were very good and the health assessment was like a thorough MOT. Due to traffic I enjoyed travelling by bus.

Mark (51) from Enniskillen
Nurse was nice, I enjoyed the health assessment it was the most positive experience in a hospital.



Scheduling your Health Assessment Appointment

Please phone the NICOLA team on **028 90978926** and one of our team members will help arrange a suitable time.

Frequently Asked Questions:

Where is it held?

The Northern Ireland Clinical Research Facility, University Floor, Belfast City Hospital. Further information and directions will be sent to you at the time of your booking. If unable to travel to Belfast, it may be possible to arrange a home visit. Please contact the NICOLA team for further advice and arrangements.

When are the appointment slots?

Appointments run between Monday – Friday 10am and 4pm or we have some Saturday appointments which run between 10am – 4.30pm.

Do I have to complete all parts of the Health Assessment?

Your participation is voluntary and therefore you can complete what you choose to do so at your appointment.

Can I claim travel expenses?

Yes, you can claim back travel expenses incurred for your attendance by completing a simple claim form on the day. Where personal or public transport is not available to you as a means of attendance please contact the NICOLA team for further advice and arrangements.

